

Career Counseling

Recommended Courses for HDFS Majors

HDFS students planning to apply to a career counseling program after earning their B.S. in HDFS should also study the entry requirements of a range of graduate programs. Students will want to complete elective courses that will meet those requirements and enhance their professional skills. The following courses can help you prepare for a graduate program in career counseling:

PSYC 238	Psychopathology and Problems in Living
PSYC 250	Psychology of Personality
EPSY 201	Educational Psychology
EPSY 220	Career Theory and Practice
SPED 117	The Culture of Disability

Sample Four-Year Plan for Child & Adolescent Development Concentration

[for students starting the HDFS major in or after Fall 2016]

The four-year plan below shows how to prepare for entering a graduate program in career counseling while meeting graduation requirements in the HDFS child and adolescent development concentration. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

Year 1

Fall Semester	hours
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psych	4
ANTH 143 – Biology of Human Behavior	3
Spring Semester	
ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Open Elective	3

Year 2

Fall Semester	hours
PSYC 238 – Psychopathology and Problems of Living	3
Economics	3-4
Statistics	3-4
SPED 117 – The Culture of Disability	3
Open Electives	3

Spring Semester	hours
HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
EPSY 220 – Career Theory and Practice	3

Year 3

Fall Semester	hours
HDFS 301 – Infancy & Early Childhood	4
HDFS 340 – Gender, Relationships & Society	3
HDFS Applied elective	3
EPSY 201 – Educational Psychology	3
Open Electives	3

Spring Semester	hours
HDFS 305 – Middle Childhood	3
PSYC 250 – Psychology of Personality	3
Humanities (General Education)	3
Quant II (General Education)	3
Open elective	3

Year 4

Fall Semester	hours
HDFS 401 – Socialization and Development	4
Western Cultural Studies (General Education)	3
HDFS 425 – Critical Family Transitions	4
Open electives	6

Spring Semester	hours
HDFS 405 – Adolescent Development	3
HDFS 420 – Family Diversity in the US	3
Open electives	9