

## *Pre-Occupational Therapy*

### **Recommended Courses for HDFS Majors**

HDFS students following a pre-OT program should elect the Child and Adolescent Development concentration and include the following courses in their program:

- CHEM 102** General Chemistry I
- CHEM 103** General Chemistry I
- IB 150** Organismal & Evolutionary Biology
- IB 151** Organismal & Evolutionary Biology Lab
- MCB 244** Human Anatomy & Physiology I
- MCB 245** Human Anat & Physiol Lab I
- MCB 246** Human Anatomy & Physiology II
- MCB 247** Human Anat & Physiol Lab II
- STAT 100** Statistics
- PSYC 100** Intro Psychology
- PSYC 216** Child Psych
- PSYC 238** Psychopathology and Problems in Living
- CLCV 102** Medical Terms-GRK & LAT Roots
- 3D Skill/Craft/Art**

\*Please note: Each OT program can set their own requirements. These suggested courses are the most common requested courses, but not the exact coursework required for a specific OT school. You'll want to check each graduate program to ensure you have the appropriate courses.

### ***Sample Four-Year Plan (HDFS Child & Adolescent Development concentration)***

[for students starting the HDFS major in or after Fall 2019]

The four-year plan below shows how to meet graduation requirements in the HDFS child and adolescent development concentration while completing a pre-OT program. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

**All students pursuing a pre-professional program in a health-related field should consult the Health Professions Advisor at the UI Career Center for information about professional schools, prerequisites, admissions tests, etc.**

#### **Year 1**

<b>Fall Semester</b>	<b>hours</b>
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
<b>PSYC 100 – Intro Psychology</b>	<b>4</b>

<b>Spring Semester</b>	<b>hours</b>
<b>STAT 100 – Intro to Statistics</b>	<b>3</b>
<b>CHEM 102/3 – General Chemistry I with lab</b>	<b>4</b>
HDFS 220 – Families in Global Perspective	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
<b>3D Skill</b>	<b>3</b>

## Year 2

<b>Fall Semester</b>	<b>hours</b>
ACE 161 – Microcomputer Applications	3
HDFS 208 – Child Fam with Special Needs	3
HDFS 206 – Early Childhood Curriculum Dev	4
<b>MCB 244+245 – Human Anat &amp; Phys I and lab</b>	<b>5</b>
	3

<b>Spring Semester</b>	<b>hours</b>
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
<b>MCB 246+247 – Human Anat &amp; Phys II and lab</b>	<b>5</b>
SOC 100 – Introduction to Sociology	4
U.S. Minority Cultural Studies (General Education)	3

## Year 3

<b>Fall Semester</b>	<b>hours</b>
HDFS 301 – Infancy & Early Childhood	4
Humanities (General Education)	3
CHLH 244 – Applied Health Statistics	3
<b>CLCV 102 - Medical Terms GRK &amp; LAT Roots</b>	<b>3</b>
<b>IB 105+151 – Organismal &amp; Evolutionary Biology</b>	<b>5</b>

<b>Spring Semester</b>	<b>hours</b>
HDFS 290 – Intro to Research Methods	4
HDFS 305 – Middle Childhood	3
<b>PSYC 238 – Psychopathology and Problems in Living</b>	<b>3</b>
<b>PSYC 216 – Child Psychology</b>	<b>3</b>
Open Electives	3

## Year 4

<b>Fall Semester</b>	<b>hours</b>
ACE 240 – Personal Financial Planning	3
HDFS 401 – Socialization and Development	4
Western Cultural Studies (General Education)	3
Humanities (General Education)	3
Open Elective	3

<b>Spring Semester</b>	<b>hours</b>
HDFS 405 – Adolescent Development	3
HDFS Family Studies elective	3
Open Electives	9

