

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN  
 College of Agricultural, Consumer & Environmental Sciences  
 Human Development & Family Studies

## Pre-Physical Therapy

### Recommended Courses

<b>MCB 150 + MCB 151</b>	Molecular and Cellular Basis of Life + Lab
<b>IB 150 + IB 151</b>	Organismal and Evolutionary Biology + Lab
<b>CHEM 102 + CHEM 103</b>	General Chemistry I + Lab
<b>CHEM 104 + CHEM 105</b>	General Chemistry II + Lab
<b>MCB 244 + MCB 245</b>	Human Anatomy and Physiology I + Lab
<b>MCB 246 + MCB 247</b>	Human Anatomy and Physiology II + Lab
<b>PHYS 101</b>	College Physics: Mechanics and Heat
<b>PHYS 102</b>	College Physics: E&M and Modern
<b>PSYCH 100</b>	Intro Psych
<b>STAT 100</b>	Statistics
<b>PSYC 238</b>	Psychopathology and Problems of Living

The four-year plan below shows how to prepare for graduate school in physical therapy while meeting graduation requirements for the HDFS major. Use this plan only as a guide. Consult your academic advisor for suggestions to study abroad, meet James Scholar requirements, add a minor, or choose electives.

### Sample 4-Year Plan

(For students starting the HDFS major in or after Fall 2021)

FIRST YEAR					
Fall Semester			Spring Semester		
HDFS 101	Opportunities, Careers in HDFS	1	CHEM 102	General Chemistry I	3
HDFS 105	Intro to Human Development	3	CHEM 103	General Chemistry I Lab	1
IB 150	Organismal and Evolutionary Bio	4	HDFS 120	Intro to Family Studies	3
IB 151	Organism and Evolutionary Bio Lab	1	MCB 150	Molecular and Cellular Basis of Life	4
ACES 101	Contemporary Issues in ACES	2	MCB 151	Molecular and Cell Basis Lab	1
RHET 105	Writing and Research	4	Gen Ed	Humanities	3
Total Hours			15	Total Hours	
15					
SECOND YEAR					
Fall Semester			Spring Semester		
CHEM 104	General Chemistry II	3	MCB 246	Human Anatomy and Physiology II	3
CHEM 105	General Chemistry II lab	1	MCB 247	Human Anatomy and Physio lab	2
HDFS 220	Families in Global Perspective	3	STAT 100	Statistics	3
MCB 244	Human Anatomy and Physiology I	3	HDFS 208	Child and Fam with Special Needs	3
MCB 245	Human Anatomy and Physio Lab	2	HDFS 290	Intro to Research Methods	4
PSYC 100	Intro Psych	4			
Total Hours			16	Total Hours	
15					

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THIRD YEAR

Fall Semester

PHYS 101	College Physics: Mech and Heat	5
Gen Ed	Cultural Studies: Western 300 +	3
ACE 240	Personal Financial Planning	3
PSYC 238	Psychopathology and Problems	3
HDFS 405	Adolescent Development	3
Total Hours		17

Spring Semester

PHYS 102	College Physics: E&M	5
HDFS 301	Infancy and Early Childhood	4
HDFS 408	Hospitalized Children	3
HDFS 305	Middle Childhood	3
Total Hours		15

FOURTH YEAR

Fall Semester

HDFS 425	Family Stress and Change	4
HDFS 310	Adult Development	3
Elective	300 + Level	3
HDFS 294	Research Internship	2
Gen Ed	Cultural Studies: US Minority 300+	3
Total Hours		15

Spring Semester

HDFS 426	Family Conflict Management	3
HDFS 420	Inequality, Public Policy, Fam	3
Gen Ed	Humanities 300+ Level	3
SOC 100	Introduction to Sociology	4
Elective	300 + Level	3
HDFS 294	Research Internship	1
Total Hours		17