

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN
 College of Agricultural, Consumer & Environmental Sciences
 Human Development & Family Studies

Child Life Specialist

Recommended Courses

HDFS 108	Grief and Loss Across the Lifespan
HDFS 206	Early Childhood Curriculum Dev
HDFS 208	Children and Families with Special Needs
HDFS 301	Infancy and Early Childhood
HDFS 305	Middle Childhood
HDFS 405	Adolescent Development
HDFS 408	Hospitalized Children
HDFS 425	Family Stress and Change
CLCV 102	Medical Terms GRK and LAT Roots

The four-year plan below shows how to prepare for work as a Child Life Specialist while meeting graduation requirements for the HDFS major. Use this plan only as a guide. Consult your academic advisor for suggestions to study abroad, meet James Scholar requirements, add a minor, or choose electives.

Sample 4-Year Plan

(For students starting the HDFS major in or after Fall 2021)

FIRST YEAR

Fall Semester

HDFS 101	Opportunities, Careers in HDFS	1
HDFS 105	Intro to Human Development	3
HDFS 108	Grief and Loss Across the Lifespan	3
HDFS 120	Intro to Family Studies	3
ACES 101	Contemporary Issues in ACES	2
RHET 105	Writing and Research	4
Total Hours		16

Spring Semester

HDFS 208	Child and Fam with Special needs	3
PSYC 100	Intro Psych	4
CMN 101	Public Speaking	3
CHLH 100	Contemporary Health	3
STAT 100	Statistics	3
Total Hours		16

SECOND YEAR

Fall Semester

HDFS 220	Families in Global Perspective	3
Gen Ed	Natural Science	3
Gen Ed	Cultural Studies/U.S. Minority	3
CLCV 102	Medical Terms GRK and LAT Roots	3
SPED 117	The Culture of Disability	3
Total Hours		15

Spring Semester

HDFS 206	Early Childhood Curriculum Dev	4
HDFS 290	Intro to Research Methods	4
SOC 100	Intro to Sociology	4
Gen Ed	Humanities	3
Total Hours		15

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THIRD YEAR

Fall Semester

HDFS 301	Infancy and Early Childhood	4
HDFS 425	Family Stress and Change	4
Gen Ed	Cultural Studies/Western	3
ACE 240	Personal Financial Planning	3
Gen Ed	Natural Science	3
Total Hours		17

Spring Semester

HDFS 305	Middle Childhood	3
HDFS 405	Adolescent Development	3
HDFS 408	Hospitalized Children	3
Gen Ed	Quantitative Reasoning	3
Elective	300+ Level	3
Total Hours		15

FOURTH YEAR

Fall Semester

HDFS 494	Dev Assessment and Screening	2
HDFS 310	Adult Development	3
Elective	300+ Level	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		17

Spring Semester

HDFS 426	Family Conflict Management	3
Elective	300+ Level	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		15