

Child Welfare, Adoption, and Related Occupations

Recommended Courses for HDFS Majors

Your B.S. degree in HDFS is excellent preparation for entry level positions in child welfare, adoption, family services, and related occupations. But you can enhance your knowledge and skills with some well-chosen elective courses. And you'll want your program to include critical electives should you decide to apply to graduate or professional school sometime in the future. The following courses can help you get off to a good start as a professional, regardless of which HDFS concentration you select.

HDFS 261	Self-Help Group Development & Process
HDFS 401	Socialization and Development
HDFS 420	Family Diversity in the U.S.
HDFS 425	Critical Family Transitions
HDFS 426	Family Conflict Management
HDFS 450	Practicum in HDFS
CHLH 206	Human Sexuality
CHLH 243	Drug Use and Abuse
PSYC 201	Social Psychology
PSYC 238	Abnormal Psychology
SOCW 410	Social Welfare Policy and Services

Sample Four-Year Plan for Child & Adolescent Development Concentration

[for students starting the HDFS major in or after Fall 2015]

The four-year plan below shows how to prepare for entry-level positions in child welfare, family services, and related fields while meeting graduation requirements in the HDFS child and adolescent development concentration. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

Year 1

Fall Semester	hours
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
MATH 124 – Finite Mathematics	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psychology	4

Spring Semester	hours
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ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Biological or Physical Science (General Education)	3-4

Year 2

Fall Semester hours

ANTH 143 – Biology of Human Behavior	3
Economics	3-4
Statistics	3-4
PSYC 201 – Social Psychology	3
HDFS 261 – Self Help Group Dev & Process	3
CHLH 243 – Drug Use & Abuse	2

Spring Semester hours

HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
Humanities (General Education)	3

Year 3

Fall Semester hours

HDFS 301 – Infancy & Early Childhood	4
HDFS Diverse Populations elective	3
HDFS 425 – Critical Family Transitions	4
Humanities (General Education)	3
PSYC 238 – Abnormal Psychology	3

Spring Semester hours

HDFS Child & Adolescent Development elective	3
HDFS 420 – Family Diversity in the U.S.	3
Western Cultural Studies (General Education)	3
CHLH 206 – Human Sexuality	2
Open electives	6

Year 4

Fall Semester hours

HDFS 401 – Socialization and Development	4
HDFS 450 – Practicum in HDFS	4-6
Open electives	6

Spring Semester hours

HDFS Child & Adolescent Development elective	3
HDFS 426 – Family Conflict Management	3
SOCW 410 – Social Welfare Pol & Svcs	3
Open electives	6

Sample Four-Year Plan for Family Studies Concentration

[for students starting the HDFS major in or after Fall 2015]

The four-year plan below shows how to prepare for entry-level positions in child welfare, family services, and related fields while meeting graduation requirements in the HDFS family studies concentration. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

Year 1

Fall Semester	hours
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
MATH 124 – Finite Mathematics	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psychology	4

Spring Semester	hours
ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Biological or Physical Science (General Education)	3-4

Year 2

Fall Semester	hours
ANTH 143 – Biology of Human Behavior	3
Economics	3-4
Statistics	3-4
PSYC 201 – Social Psychology	3
HDFS 261 – Self Help Group Dev & Process	3
CHLH 243 – Drug Use & Abuse	2

Spring Semester	hours
HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
Humanities (General Education)	3

Year 3

Fall Semester	hours
HDFS Family Studies elective	3-4
HDFS Diverse Populations elective	3
HDFS Applied Development elective	3-4
Humanities (General Education)	3
Open elective	3

Spring Semester	hours
HDFS Child and Adolescent Development elective	3
PSYC 238 – Abnormal Psychology	3
CHLH 206 – Human Sexuality	2
Western Cultural Studies (General Education)	3
Open electives	6

Year 4

Fall Semester	hours
HDFS 401 – Socialization & Development	4
HDFS 425 – Critical Family Transitions	4
HDFS 450 – Practicum in HDFS	4-6
Open elective	3

Spring Semester	hours
HDFS 426 – Family Conflict Management	3
HDFS 420 – Family Diversity in the U.S.	3
SOCW 410 – Social Welfare Pol & Svcs	3
Open electives	6