

## Social Work

### Recommended Courses for HDFS Majors

HDFS students planning to apply to an MSW program after earning their B.S. in HDFS may elect either the Child and Adolescent Development concentration or the Family Studies concentration, depending on their interests. They should also study the entry requirements of a range of MSW programs and complete elective courses that will meet those requirements and enhance their professional skills. The following courses can be good preparation for a professional program in social work:

<b>HDFS 420</b>	Inequality, Public Policy, US Families
<b>HDFS 425</b>	Family Stress and Change
<b>HDFS 426</b>	Family Conflict Management
<b>PSYC 201</b>	Social Psychology
<b>PSYC 238</b>	Psychopathology and Problems in Living
<b>SOCW 200</b>	Introduction to Social Work
<b>SOCW 300</b>	Diversity: Identities & Issues
<b>SOCW 410</b>	Social Welfare Policy and Services

### Sample Four-Year Plan for Child & Adolescent Development Concentration

[for students starting the HDFS major in or after Fall 2019]

The four-year plan below shows how to prepare for entering an MSW program while meeting graduation requirements in the HDFS child and adolescent development concentration. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

#### Year 1

<b>Fall Semester</b>	<b>hours</b>
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
Stat 100 – Intro to Statistics	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psych	4
<b>Spring Semester</b>	<b>hours</b>
ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Open Elective	3

## Year 2

<b>Fall Semester</b>	<b>hours</b>
Natural Science (General Education)	3
Quant II (General Education)	3
<b>PSYC 201 – Social Psychology</b>	<b>3</b>
<b>SOCW 200 – Intro to Social Work</b>	<b>3</b>
US Minority Cultural Studies (General Education)	3

  

<b>Spring Semester</b>	<b>hours</b>
HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
Humanities	3

## Year 3

<b>Fall Semester</b>	<b>hours</b>
HDFS Child & Adolescent Development elective	3-4
HDFS Diversity elective	3
HDFS Applied elective	3-4
Humanities (General Education)	3
<b>PSYC 238 – Psychopathology and Problems in Living</b>	<b>3</b>

  

<b>Spring Semester</b>	<b>hours</b>
HDFS Child & Adolescent Development elective	3
<b>HDFS 420 – Inequality, Public Policy, and US Families</b>	<b>3</b>
<b>SOCW 300 – Diversity: Identities &amp; Issues</b>	<b>3</b>
Open electives	6

## Year 4

<b>Fall Semester</b>	<b>hours</b>
HDFS 401 – Socialization and Development	4
Western Cultural Studies (General Education)	3
<b>HDFS 425 – Family Stress and Change</b>	<b>4</b>
Open electives	6

  

<b>Spring Semester</b>	<b>hours</b>
HDFS Child & Adolescent Development elective	3
<b>HDFS 426 – Family Conflict Management</b>	<b>3</b>
<b>SOCW 410 – Social Welfare Pol &amp; Svcs</b>	<b>3</b>
Open electives	6

## **Sample Four-Year Plan for Family Studies Concentration**

[for students starting the HDFS major in or after Fall 2019]

The four-year plan below shows how to prepare for entering an MSW program while meeting graduation requirements in the HDFS family studies concentration. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

### **Year 1**

<b>Fall Semester</b>	<b>hours</b>
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
Stat 100 – Intro to Statistics	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psych	4

  

<b>Spring Semester</b>	<b>hours</b>
ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Open Elective	3

### **Year 2**

<b>Fall Semester</b>	<b>hours</b>
Natural Science (General Education)	3
Quant II (General Education)	3
<b>PSYC 201 – Social Psychology</b>	<b>3</b>
<b>SOCW 200 – Intro to Social Work</b>	<b>3</b>
US Minority Cultural Studies (General Education)	3

  

<b>Spring Semester</b>	<b>hours</b>
HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
Humanities	3

### **Year 3**

<b>Fall Semester</b>	<b>hours</b>
HDFS Child & Adolescent Development elective	3-4
HDFS Diversity elective	3
HDFS Applied elective	3-4
Humanities (General Education)	3
<b>PSYC 238 – Psychopathology and Problems in Living</b>	<b>3</b>

<b>Spring Semester</b>	<b>hours</b>
HDFS Family Studies elective	3
<b>HDFS 420 – Inequality, Public Policy, US Families</b>	<b>3</b>
<b>SOCW 300 – Diversity: Identities &amp; Issues</b>	<b>3</b>
Open electives	6

#### **Year 4**

<b>Fall Semester</b>	<b>hours</b>
Western Cultural Studies (General Education)	3
<b>HDFS 425 – Critical Family Transitions</b>	<b>4</b>
Open electives	9

<b>Spring Semester</b>	<b>hours</b>
HDFS Child & Adolescent Development elective	3
<b>HDFS 426 – Family Conflict Management</b>	<b>3</b>
<b>SOCW 410 – Social Welfare Pol &amp; Svcs</b>	<b>3</b>
Open electives	6